

DAY 1 Headwaters Relay

Meriwether Lewis: "...we arrived at the junction of the S.E. fork of the Missouri and the country opens up suddenly to extensive and beautiful plains and meadows which appear to be surrounded in every direction with distant and lofty mountains; supposing this to be the three forks of the Missouri....." July 27th, 1805

Race begins 5:30 AM on the banks of the river at the "Missouri Headwaters River Confluence" area of the State Park

Leg One	5.2 Miles	Elevation 4050		Runner	Time
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Rating 2 *Flat, fast, paved*

RUNNER MUST IMMERSE SOME PART OF THEIR BODY IN RIVER AT START. Take trail to campground, south out of parking lot. At .5 miles the trail crosses a road (Pyfer) and becomes paved. Then, at 2.1, the trail crosses the Hwy, and takes an immediate right after the crossing. Keep on paved trail. Follow the trail over the Madison River at 3.2 and under the Interstate. Shortly after that you will come to a road (this is Talc Rd) Do not go left! Instead, turn right onto Talc to the main road heading into Three Forks. Turn left on this road into Three Forks, to Exchange 1

ALL CARS: You can parallel the trail on the road south out of the parking lot. When you get to the T intersection, turn right and take this road over the Interstate, and then immediately turn left on Talc to re-join runner where he/she comes off paved bike path onto Talc, and then turn around and follow rest of the leg into Three Forks.

As you are coming into town ...Look for the Jamocha Junction coffee kiosk on left, dark brown building, Its open. Espresso time!

EXCHANGE 1 at 5.2 miles: In Three Forks, Main St and Date (downtown Three Forks); look for Saddle Shop on left at corner

Leg Two	6.2 Miles	Elevation 4100	Mile 0-5 +140 Mile 5 on +160	Runner	Time
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Rating 3 *The industrial leg for first couple of miles; long hill in the middle and the end -- moderate difficulty. First good views of the Tobacco Root Mountains.*

Go down East Date St; right on Seventh Ave; right on Talc (which turns into Old Yellowstone); left on Bench Road onto dirt road; straight to Beacon Rd at 6.2 miles

EXCHANGE 2 Bench and Beacon intersection.

Leg Three	5.1 Miles	Elevation 4400		Runner	Time
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Rating 2 *Big wheat fields; rolling hills, dirt, pavement*

Go west on Beacon, right at 1st stop sign (2.9), leftish on pavement, second stop sign at 3.3; now on Old Yellowstone Trail; at 4.1 miles, take left fork onto gravel road (still Old Yellowstone Rd) -- **DO NOT** go right on fork to "Williams Bridge". Keep going until 5.1 at Breezeway road.

EXCHANGE 3: Breezeway and Old Yellowstone**SEE AUTO DETOUR #1**

Leg Four	5.8 Miles	Elevation 4270	Gain 1000 ft	Runner	Time
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Rating 7 *Long, relentless uphill; gets steeper toward the end.*

Stay on same road; keep right at fork at .8 miles (Old Yellowstone trail sign); keep going up the hill to very top, where you can start to see it descend.

EXCHANGE 4: crest of hill, at pull-over, rock piles on right

Leg Five	3.6 Miles	Elevation 5279	Lose 400	Runner	Time
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Rating 1 *Long downhill; fast patches of rough rutted road. maybe large water puddles*

Stay on same road, at 2.8 curve right; curves around a few more times; to the highway

EXCHANGE 5: where dirt meets pavement (highway 287) at bottom of hill**SEE AUTO DETOUR #2**

Leg Six	4.8 Miles	Elevation 4940	Gain 380	Runner	Time
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Rating 3 *some minor hills rolling...can be rutted in places.*

Harrison is a good place to pick up snacks, pop, beer, ice at the **Wheat and Thistle store**. Turn left at the Town Haul Diner. **WARNING:** While on the highway in Harrison, do not speed.

Runner from Leg Five touches Leg Six runner, who is in a vehicle; drive straight south on highway 287 for 3.1 miles into the town of Harrison; turn right after sign with "Pony" and arrow pointing right; then, at .1 miles turn right onto Adkins Lane; this is where you let your runner out to start leg six. **Keep track of your drive time, as we will deduct it at end of day.** Runner proceeds on this road for the entire leg.

EXCHANGE 6: At 4.8, at the Y intersection; exchange at the Y

Leg Seven	5.4 Miles	Elevation 5320	Gain 900 then Lose 890	Runner	Time
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Rating – Split 9/2 *A bit hilly and rolling; here come the Tobacco Root mountains. Big descent at end. Many speed bumps and Ruts.*

Go right at Y, turn left immediately on Carmichael Road. Continue straight; stay on same road; the road will crest around 2.8, shortly after homemade sign saying "county road" and then descend dramatically; after long downhill, run past Indiana Research Station to the bridge crossing river at 5.4

EXCHANGE 7: At 5.4, At bridge that crosses Boulder River

Leg Eight	3.3 Miles	Elevation 5310	Gain 490	Runner	Time
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Rating 3 *gradual ascent all the way. Good views of June 2012 Pony fire. Caution: There may be trucks hauling on this road.*

From the bridge, go straight for about 40 meters, and then turn left. Follow this to trailhead and exchange.

EXCHANGE 8: At 3.3, vehicle turnout on left, and trailhead on right, reading "Mill Canyon Trailhead 7 1/2 miles".

SEE AUTO DETOUR #3

Ultra runner challenge leg. Leg 9 is a 9.8 mile kick in the ass. With a gain of 1940 ft but a huge loss of 2800.

Leg Nine	9.8 Miles	Elevation 5800 Highest point 7740	Gain 1940 then Lose 2800	Runner	Time
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Rating 9 *Beautiful mountain single-track; creeks; etc. First half up; second half down.*

THE RUNNER ON THIS LEG MUST CARRY WATER WITH THEM. YOU MAY NEED EXTRA CLOTHING IF WEATHER THREATENS. NO MOUNTAIN BIKES. Please be careful. This is a rocky, steep trail, tricky footing. Take trail from trailhead; this is trail 89; there is a closed gate at mile 1 go through it and close it again; stay on trail the whole way; at crest of hill at about 3.5 miles, another trail will go left, with a sign "Curly lake trail"; do not go left here; continue straight down the other side of the mountain. The trail will turn into a very rough vehicle path, before joining up with the Forest Service road at the trail head; continue down the Forest Service road about 3.1 miles to the exchange pullout on left near a creek.

EXCHANGE 9: ONLY ONE CAR PER TEAM ALLOWED AT THIS EXCHANGE. At the pullout on right 1.2 mile from beginning of Mill Creek turn off.

Leg Ten	5.5 Miles	Elevation 4720	Lose 470 then Gain 100	Runner	Time
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Rating 2 *Into the big valley now; wide-open running*

Stay on Forest Service road to intersection with more main dirt road. Turn right (north); at 1.6 stay left; at 2.9 cross bridge and continue straight; turns into paved road; at 4, turn left immediately before white RR crossing sign, onto Bench road; continue to exchange at 5.6 miles.

EXCHANGE 10: At 5.6 dumpsters left

Leg Eleven	3.6 Miles	Elevation 4570	Lose 50	Runner	Time
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Rating 1 *Fast running here; should be heating up about now.*

Stay on road at exchange point (the more main dirt road going west). Continue straight on Bench/Waterloo road; to exchange at 3.6

EXCHANGE 11: at 3.6, Primrose Road coming in from right. RR tracks on right

Leg Twelve	6.8 Miles	Elevation 4520	Gain 100	Runner	Time
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Rating 1 *Flat and fast and hot (are you tired of this yet?)*

Miler's Revenge. You can split this leg into one-mile sections, a different runner each mile. If you have less than 7 runners you can repeat runners. Continue on Bayers Lane; at 4.0, stay left, and at 5.6, stay left.

EXCHANGE 12: at 6.8 Junction of Bayers Lane and Bayers Cut Off Road

Leg Thirteen	4.7 Miles	Elevation 4620	Gain 40	Runner	Time
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Rating 1 *Flat and fast, again*

Continue on same road Bayers Lane, at 3.5 turn right onto East 9th Av, cross RR track at 3.6 turn left on Main St in Twin Bridges; at 4.0 turn left on 3rd avenue (at Lost Cabin Bar); go east up 3rd avenue; to exchange point at Airport Rd – big main dirt road, about .6 miles from highway

EXCHANGE 13: Big main dirt road going right, .6 from highway (this is "Airport Road")

Leg Fourteen	6 Miles	Elevation 4660	Gain 100	Runner	Time
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Rating 3 *Flat, fast if you are...*

SPLIT LEG! You can use two runners on this leg, any way you want.

South on Airport Road. When you hit Hwy 287 (at 1.7), go left, then immediate right (about 20 meters) onto Seyler Lane, which is paved; continue on this road, stay on pavement and go straight at 4 miles to exchange at 6 miles.

EXCHANGE 14: At 6 miles where "Silverbowl Ln" comes in from right, directly across from potato growing facilities.

Leg Fifteen	5.3 Miles	Elevation 4760	Gain 110	Runner	Time
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Rating 3 *Rolling with a little bunny hill at end.*

Continue on Seyler Lane/ East Bench (yes it has two names); at 1.7, switches back to gravel. Continue to exchange at 5.4 at Cutoff Road.

EXCHANGE 15: "CutOff Road" entering from left at 5.4, look for the Yield sign (black mailbox on left about 5 meters ahead)

Leg sixteen	3.1 Miles	Elevation 4870	Lose 20	Runner	Time
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Rating 1 *Full tilt boogie on this one! If only Lewis and Clark had your legs...*

Glory Leg. Stay on this road all the way to highway 41, right below Beaverhead Rock and the Beaverhead River.

This is also the BEER Leg. (Under 21? ROOT BEER leg for you)

Grab a brew from the cooler on the side of the road at about 2.5 miles into the leg. We promise you cheap beer. You must drink it while running and have it finished before the end of leg. You will be awarded with a 2-minute time deduction for the day if you can keep it down until after crossing the day one finish line.

DAY 1 FINISH: Immediately before Highway 41, where the dirt becomes pavement and Beaverhead rock looms directly above you.

Welcome to Beaverhead Rock:

Note Meriwether Lewis' comments in the Journals: *"The Indian woman recognized the point of a high plain to our right which she informed us was not very distant from the summer retreat of her nation on a river beyond the mountains which runs to the West. This hill she says her nation calls the beaver's head from a conceived resemblances of its figure to the head of that animal."*

ENDING ELEVATION: 4850

DAY 1 MILEAGE: 79.3

GETTING TO BARRETT'S CAMPGROUND, from Day 1 finish.

Go south on highway 41 to Dillon. Get on the Interstate and head south to exit 56. After taking the exit, turn left and go under the interstate, then take an immediate right. Barrett's campground is a short distance ahead on your left.

End of Day 1

DAY 2 Headwaters Relay

Meriwether Lewis: "The musquetoos very troublesome this evening...", August 9, 1805

Staggered starting times, depending on your team’s Day1 finishing time.

SEE AUTO DETOUR 4. Only one vehicle allowed to follow runner on legs one and two. All other vehicles go to exchange two via Detour.

Optional 2nd BEER LEG. Grab a brew (or root beer if under 21) from the cooler at the start. To get a 2 minute time deduction for the day, you must drink it within the first 400 yards. Please throw your can in the provided garbage container at 400 yards and then proceed on to finish your leg.

Leg One	5.7 Miles	Elevation 4850	Gain 390	Runner	Time
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Rating 3 *moderate hills, steady climb; no more flat #@*#!*

Start at finish of day 1 Backtrack, then go right on Walsh Road at .5 mile at Walsh Ranch sign, as if you're going through Walsh Ranch; (Throw your can away here) **Take road to RIGHT** at fork at 2.8 miles, cross cattle guard, then proceed straight until 5.7

EXCHANGE 1: at 5.7 straight on main road, past irrigation ditch, and big intersection.

Leg Two	4.5 Miles	Elevation 5240	Gain 480 then Lose 230	Runner	Time
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Rating 5 *A long uphill, and brief downhill at end.*

Turn right immediately **AFTER** irrigation ditch, then keep going. The road will veer left toward Ruby mountains. At cattle guard at 2.0, keep right on the lesser traveled road. This will dirt two track will crest at 3.9, then descend sharply for last half mile. Turn right at first fork as you come down the hill and hit the main road at 4.6

EXCHANGE 2: at 4.6, bottom of the hill, where road joins larger dirt road (Stone Creek Rd)

There are Porta potties at this exchange.

Leg Three	5.2 Miles	Elevation 5490	Gain 720	Runner	Time
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Rating 6 *Gradual rise the whole way; moderately difficult*

Up Stone Creek Road to exchange point at 5.2

EXCHANGE 3: Little side road on right that crosses creek into a small meadow

INTENTIONAL SPACE LEFT FOR Writing NOTES, THOUGHTS, AND / OR
ODES TO THE RACE DIRECTORS.

Leg Four	3.4 Miles	Elevation 6210	Gain 1030	Runner	Time
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Rating 9 *VERY tough climb with 11% grade*

Continue up road in ever-thinner air to exchange.

EXCHANGE 4: At the Talc mine at **3.4 miles** near the “Treasure Mine Office and shop” sign on the right.

Leg Five	2.4 Miles	Elevation 7240	Gain 710	Runner	Time
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Rating 8 *Tough climb continues to the pass.*

Follow road to summit; near the top at 2 miles (a false summit), road splits; stay right; then .4 miles to true summit and the exchange at 7950 feet above sea level.

EXCHANGE 5: At summit at pullout on left; you'll know 'cause the road descends quickly to the right. Limited parking. **Please move on quickly to avoid traffic jam.**

Leg Six	6.8 Miles	Elevation 7950	Lose 1980	Runner	Time
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Rating 2 *Serious downhill. Quad buster...*

Descend, keep to the left; follow the main road downhill to exchange point.. **please move on quickly to avoid traffic jam. Watch for runners and other teams as later starting teams will be starting to catch earlier starting teams.**

EXCHANGE 6: Big cattle truck turn around, with chute and corral and small creek

Leg Seven	4.4 Miles	Elevation 5970	Lose 530	Runner	Time
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Rating 1 *Moderate downhill.*

Keep descending. Keep right at 3.8 miles to exchange point

EXCHANGE 7: At the T intersection with Upper Ruby Rd; a more major paved road.

Leg Eight	5.8 Miles	Elevation 5440	Lose 120	Runner	Time
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Rating 2 *Paved road along the reservoir. Wouldn't a dip be nice right about now?*

Go north (left) on upper ruby road all the way past the reservoir, to "Vigilante fishing access" sign and turn-out on left at 5.8 miles.

EXCHANGE 8: At "Vigilante Fishing Access" sign on left; turn-out, parking and restrooms here.

SEE AUTO DETOUR #6 (There is no detour #5 this year): ONLY ONE AUTO PER TEAM ALLOWED TO EXCHANGES 9 AND 10. ALL OTHER VEHICLES USE AUTO DETOUR #6 FROM LEG NINE TO EXCHANGE 11.

Leg Nine	3.4 Miles	Elevation 5320	Gain 250	Runner	Time
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Rating 4 *Steady uphill; moderately difficult*

Continue north on Ruby road; then turn right on Anderson Lane at .4 (a little ways before stone house on right). Go right again at 1.7 onto Williams Cr road veering up to the right to exchange point.

EXCHANGE 9: at two track on left after Metal cattle guard at 3.4; telephone box on left

Leg Ten	3.3 Miles	Elevation 5570	Gain 1130	Runner	Time
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Rating 8 *First two miles gradual uphill; last half very steep.*

Continue on same road. At 2.8 fork, stay left to exchange point.

EXCHANGE 10: At 3.3, metal phone box on right; road turns sharply to left

Leg Eleven	4.6 Miles	Elevation 6700	Gain 100 then Lose 1220	Runner	Time
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Rating – Split 6/2 *Great Descent; awesome leg*

Continue on same road; will veer to left for a while; gains to crest at mile one at 6800 ft, then long steep descent into Nevada City; turn right onto Hwy 287 to exchange.

EXCHANGE 11: In Nevada City, at the Nevada City Engine house by old railway cars on right.

Leg Twelve	2.2 Miles	Elevation 5610	Gain 390	Runner	Time
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Rating 7 *Long, steady uphill, paved; watch for cars;*

Continue on Hwy 287 east. A steady climb on pavement. You will enter Virginia City, crowded with tourists. Keep going all the way through town past the court house to the Virginia City Fire Dept on the right, a **grey building**. Immediately turn right after Fire House, go up the steep dirt road. To the top, go left, then right at the fork to the Sign that says Vigilante Trail entrance This is exchange #12

EXCHANGE 12: At the yellow cattle guard. Vigilante Trail.

No vehicles allowed on Leg 13

For the one car going to exchange #13: High Clearance All Wheel drive. Take your Leg 14 Runner with you. SEE AUTO DETOUR #7:

All other cars SEE AUTO DETOUR #8:you are going to Exchange 14 take. Leg 15 runner with you.

Leg thirteen	4.8 Miles	Elevation 6000	Gain 1190	Runner	Time
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Rating 7 *Moderate to difficult two-track in the woods. Rolling the first two miles then steady up. No vehicles allowed.*

Follow the Vigilante Trail two track all the way until you come to a small lake where the Madison Range first comes into view and a dirt road comes down sharply from the left.

EXCHANGE 13: Small lake, where the two roads meet

Leg fourteen	5.1 Miles	Elevation 7190	Lose 1570	Runner	Time
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Rating 2 *What a leg. View of the Madison Valley to die for.*

Keep going down on this road (NOT back up where the car comes from); at 4.0, turn left on Holly Creek Trail, to exchange point at 5.1

EXCHANGE 14: 4-way intersection at 5.1 miles.

Leg Fifteen	3.4 Miles	Elevation 5620	Lose 430	Runner	Time
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Rating 1 *Glory Leg; downhill first and then flat and fast.*

Take sharp left at intersection; keep right at .1, and keep right again at 1.0. Turn right on Gravelly Range Road at bottom of hill at 1.7 (a more major paved road paralleling the river). At 3.0 go straight and descend to cross two bridges over the Madison River. **Immediately after 2nd bridge, turn right into Varney Bridge campground and day 2 finish.**

ENDING ELEVATION DAY 2: 5190

DAY 2 MILEAGE: 67

END OF DAY 2

DAY 3 Headwaters Relay

Meriwether Lewis: "We set out at an early hour and proceeded on.... but the men in a continual state of their utmost exertion to get on and they begin to weaken fast from this continual state of violent exertion...." July 27, 1805

Staggered starting times, depending on your team’s Day 2 finishing time.

VEHICLES DRIVE TO DAY 3 START FROM DAY 2 FINISH. Drive back across bridges and turn left back onto Gravelly Range road. At fish hatchery road, keep going straight. At approximately 1.7 take the right toward Forest Boundary to fork in road at 3.5 and sign on right saying “Bar 7 ranch HQ”. This is the start.

ONLY ONE CAR PER TEAM AT START. OTHERS GO AHEAD TO FURTHER EXCHANGES.

Leg One	2.5 Miles	Elevation 5650	Gain 710	Runner	Time
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Rating – Split 9/1 *Big Hills; relentless; gain 80 first .5 mile gain 700 next 1.5 mile lose 80 last .5 mile, 7-13% grade*

Follow left fork up ("Forest Boundary sign) right at .5; go up, then down, to 2.5

EXCHANGE 1: at bottom of curve at culvert

Leg Two	2.1 Miles	Elevation 6360	Gain 940	Runner	Time
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Rating 9 *Kick-butt hills; getting high fast; look behind at Madison Range; 8-10 % grade*
Keep going straight, up to "Beaverhead-Dearlodge NF " sign on right (big wood sign)

EXCHANGE 2: at the "Beaverhead-Dearlodge" sign

Leg Three	3.2 Miles	Elevation 7300	Gain 460	Runner	Time
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Rating 5 *Up and down most of the way.*

Stay on road and stop at cattle guard at 3.2

EXCHANGE 3 at cattle guard

Leg Four	2.1 Miles	Elevation 7760	Gain 470	Runner	Time
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Rating 4 *Moderate rolling hills, gradual gain.*

Keep going to Gravelly Range Road at T intersection (look for "Black Butte Cabin 20" sign at T)

EXCHANGE 4: At the T intersection

Leg Five	4.4 Miles	Elevation 8230	Gain 210	Runner	Time
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Rating 5 *Rolling hills, beautiful country ---first 1.5 miles gain 360, 1.5-2.8 lose 220, 2.8- 3.4 lose 30, 3.4-4 gain 160, 4-4.4 lose 60; up to a 10% grade*

Go left at T and stay on this road through forest, to 4.4 and "Jct Centennial-Divide Road no. 100", among other signs

EXCHANGE 5: At the intersection and "Jct Centennial-Divide Road no. 100" sign

Leg Six	3 Miles	Elevation 8540	Lose 60	Runner	Time
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Rating – split 7/3 *Great road; air is thin; First .8 mile gain 270, rest lose 330; 9%grade*

Stay on same road going straight to Clover Meadows Camping and rest area on left.

EXCHANGE 6: Clover Meadows camping and rest area

Leg Seven	3.8 Miles	Elevation 8480	Lose 490	Runner	Time
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Rating – Split 2/9/4 *Some good hills, up and down. First mile gain 60, 1-2.5 miles gain 590, 2.5-3.8 miles lose 160; 8.5-11.5% grade*

Stay on road, to "~~South Fork Warm Springs Creek~~" wood sign on left. Sign is now gone. Look for two wooden post at end of screaming downhill....

EXCHANGE 7: Bottom of downhill.

Leg Eight	4.6 Miles	Elevation 8970	Gain 620	Runner	Time
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Rating – Split 8/3/6 *Rolling hills; some serious climbs. Highest elevation of relay at 9587. 0-1.4 miles gain 470, 1.4-2.7 mile lose 70, 2.7-4.5 mile gain 220; 7% grade*

Stay on road to "Monument Ridge 9587 ft" sign on right

EXCHANGE 8: At Monument Ridge sign

Leg Nine	3.6 Miles	Elevation 9590	Lose 280	Runner	Time
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Rating – Split 2/7 *Rolling at first, then steady uphill; check out Black Butte on the right. 0- 2.4 miles lose 620, 2.4-3.5 gain 340*

Stay on road; at 1.1, stay right (following road 290); at 2.4, stay right (still on rd 290), to Black Butte Mountain Elevation 10,546" sign on right

EXCHANGE 9: "Black Butte Mountain" sign

Leg Ten	5.5 Miles	Elevation 9310	Lose 240	Runner	Time
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Rating 7 *Long downhill, then long uphill; dips and turns.*

Stay on same road to 5.5 miles.

EXCHANGE 10: Where road #290P comes in from right

Leg Eleven	2.1 Miles	Elevation 9070	Gain 330	Runner	Time
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Rating 5 *First 1.5 miles uphill; them moderate and rolling*

Keep going on same road, (Not #290) to "Entering Wheeled Motorized..." sign on left.

EXCHANGE 11: At "Entering Wheeled Motorized..." sign

Leg Twelve	4.8 Miles	Elevation 9400	Lose 1530	Runner	Time
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Rating 2 *Long downhill; exiting the Gravelly range -12% grade*

Stay on road; at 1.6, take the right onto road 290 to exchange point

EXCHANGE 12: Where two-track goes off to left, right after metal sign on right reading "Forest boundary 9, Eureka Basin"

SEE AUTO DETOUR #9

ONLY ONE AUTO ALLOWED FROM EXCHANGE 12 TO EXCHANGE 14;
MUST BE HIGH CLEARANCE: You will have to carry one runner to exchange 13
VERY ROUGH TWO TRACK may want to consider having one runner run both legs 13 and 14 and then drive around.

Leg thirteen	3.5 Miles	Elevation 7870	Lose 150	Runner	Time
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Rating 2 *up and down; rough two-track.*

Take two track on left heading south (sign on right reading "Designated route open..."; to two water tower structures on right just over top of hill (surrounded by a wood fence), about 70 yards from the road, at 3.5

EXCHANGE 13: At the water tower structures just over top of hill on the right

Leg fourteen	5.3 Miles	Elevation 7720	Lose 980	Runner	Time
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Rating 2 *long two-track downhill into the Centennial Valley*

Stay on two-track; at .4, stay **right** on two track; metal cattle guard forest boundary sign at 1.9; at 3.1, cross another cattle guard; go to juncture with main valley road at 5.3

EXCHANGE 14: At Metzel Creek sign on left.

Leg Fifteen	2.5 Miles	Elevation 6740	Gain 10	Runner	Time
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Rating 1 *Now on valley floor; Centennial mountains ahead; flat and fast*

Continue on main road going east 2.5 miles to where two track heads off to the left.

EXCHANGE 15: Where two track goes off to left

Leg Sixteen	4.2 Miles	Elevation 6750	Lose 40	Runner	Time
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Rating 3 *Big sand and sage; going a little tough.*

Stay on same road for 4.2 miles

EXCHANGE 16: Cattle guard at 4.2 miles

Leg seventeen	5.3 Miles	Elevation 6710	Lose 20	Runner	Time
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Rating 3 *More big sand and sage -- serious sand dune training. Now in Red Rocks Lake Wildlife Refuge*

SPLIT LEG! You can split this leg between two runners any way that you wish.
Stay on same road, to big "Sand Dune History" sign on left

EXCHANGE 17: At "Sand Dune History" sign

Leg eighteen	4.1 Miles	Elevation 6690	Gain 30	Runner	Time
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Rating 1

Continue on this road to T intersection (1.4 miles) turn right; go 4.1 to intersection with main valley road.

EXCHANGE 18: At intersection at main valley road near sign to West Yellowstone

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Finish	2 Miles	Elevation 6750	Gain 170	Runner	Time
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Rating 2 *Glory Leg! You're in Headwaters country now, the Alaska Basin, home of the source of the Missouri; your sweat, spit or pee will travel 3,745 miles to the Atlantic Ocean; enjoy your baptism in these waters...*

Team Choice Split Leg. You can run this final leg any way you want. Divide between runners or run any part all together as a team.

Continue on, take a few turns. When you pass old log cabin school house on the left, you are almost done. Turn left at 2 miles (across road from green residence sign #39300), and run IN TO Hell Roaring Creek. The watch does not stop until you are in the water.

YOU'RE DONE. CONGRATULATIONS!

ENDING ELEVATION: 6890

DAY 3 TOTAL MILEAGE: 65.5

DIRECTIONS TO BBQ AND END-OF-RELAY CELEBRATION:

Our end-of-race celebration and catered meal will take place at the Grayling Centennial Ranch about a mile and a half up the valley from the finish. Continue driving east on the same road after the finish. At 1.5 miles there will be a turn off to the left and an attendant to direct you where to park. You will see tents where the celebration is taking place.

END OF RELAY